



©St Kieran's Catholic School Manly Vale

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Issue: 38

Date: 27 November 2015

Looking ahead Term 4

Week 9	Week 10	Looking Ahead <i>continued</i>
<p>Monday 30th</p> <ul style="list-style-type: none"> Yr 6 & Kinder Teddy Bears picnic 7pm P&F AGM meeting <p>December</p> <p>Tuesday 1st</p> <ul style="list-style-type: none"> Band Christmas Concert 6.30pm <p>Thursday 3rd</p> <ul style="list-style-type: none"> Swimming Carnival 12.15 – 3.30pm <p>Friday 4th</p> <ul style="list-style-type: none"> Yr 4 Surf Ed at Manly 8.50 – 9.05am Parent Prayer Meditation in the Kieran Rm 	<p>Monday 7th</p> <ul style="list-style-type: none"> Yr 6 Surf Ed at Dee Why Yr 5 Night of the Notables Stella Orientation Day <p>Tuesday 8th</p> <ul style="list-style-type: none"> 4 – 5.30pm Just ASC Christmas Concert <p>Thursday 10th</p> <ul style="list-style-type: none"> Kinder excursion to city <p>Friday 11th</p> <ul style="list-style-type: none"> Kindy & Yr 1 Swimming / Water Safety session Last day of Canteen for the year 6pm P&F Carols 	<p>December</p> <ul style="list-style-type: none"> Mon 14th No canteen this week / Yrs 6 lunch & Yr 6 Celebration Evening Wed 16th Thanksgiving Mass – Last day for students Thurs 17th Staff Development Day <p>January 2016</p> <ul style="list-style-type: none"> Wed 27th Teachers return Thurs 28th School resumes for Yrs 1 – 6 & Best Start for K2016 Fri 29th K2016 Best Start <p>February</p> <ul style="list-style-type: none"> Mon 1st Best Start K2016 Tuesday 2nd Kinder 2016 commence Thurs 4th Opening School Mass 10am Wed 10th Ash Wednesday Mass 10am Tues 16th Kinder/Yr 1 Literacy Parent Ed

Principal

Dear Families

This Sunday begins what is a special time in the Church's liturgical year; ADVENT.

Being a Christian is about believing and hoping in God and this firstly requires that we seek Him. Seeking God requires that we don't expect all the answers about God at once; it's a lifetime quest. Being a Christian is about the whole of life. As we experience annual observations such as Christmas, Easter and Advent, we might regard each of them as a door to be opened; as we step through each doorway there is the opportunity for a new sense of direction in our lives.

Life is almost a constant Advent season; we are constantly waiting to become... to discover... to complete... to fulfil. However, Advent is also an invitation to remember, to see again the presence of God among us; God who is here from the beginning. Christmas is our story and Advent is our time to remember our collective past and look forward in hope to our future.

We need periods of waiting in our lives for during such times we grow and mature. Sometimes we wait in darkness, when life is not so good, before we can appreciate the coming of the dawn. Advent, the season of waiting in hopeful expectation, fits in well with our own life experiences of waiting, hoping and then enjoying the rewards of our hope and trust.

World Teachers Day

I would maintain that thanks are the highest form of thought, and that gratitude is happiness doubled by wonder. ~G.K. Chesterton.

Thank you to the P&F and class parents for their thoughtful appreciation of the teaching staff at St Kieran's today in surprising the staff with a special morning tea of appreciation. On behalf of the staff at St Kieran's I offer a warm and sincere **thank you**.



P&F AGM

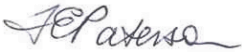
St Kieran's Vision Statement: **Embrace Equip Engage** incorporates the entire school community; students, teachers and parents. At St Kieran's the active participation of parents/guardians in school life is promoted and encouraged to achieve stronger learning outcomes for the students and to contribute to the ongoing viability of the school.

On Monday 30 November at 7pm is the final P&F meeting of the year and the AGM. Come along and celebrate the 2015 achievements of the school that we embrace equip and engage with.

This will be a good opportunity to acknowledge the current P&F Executive for their tireless efforts in building school community and for the wonderful support they have given the school in so many ways over the past two years. I am very grateful for all that has been achieved and for their support of the school in such a positive and proactive way.

All parents are welcome.

God bless,



Terri Paterson
Principal



Assistant Principal

The teachers are currently working with collated data and analysing work samples in order to prepare your child's End of Year Report.

I've included below a brief summary of the Achievement Grades, highlighting words that I believe are strong indicators of the level of attainment related to the specific mark or grade. Remember, all Grades 1-6 will use these Achievement Levels. ES 1 (Kindergarten) does **not** use the Achievement Grades. They will be using **Effort Grades** only. This means the grade they receive is based only on their effort.

The **Effort Codes** are as follows:

- COMMENDABLE
- WORKING WELL
- WORKS WITH ENCOURAGEMENT
- NEEDS ATTENTION

The **Achievement Code** for all Grades 1-6 are as follows:

Key to Achievement Code	
Outstanding	The student has an extensive knowledge and understanding of the content and can readily apply this knowledge. In addition, the student has achieved a very high level of competence in the process and skills and can apply these skills to new situations.
High	The student has a thorough knowledge and understanding of the content and a high level of competence in the processes and skills. In addition, the student is able to apply this knowledge and these skills to most situations.
Sound	The student has a sound knowledge and understanding of the main areas of content and has achieved an adequate level of competence in the processes and skills
Basic	The student has a basic knowledge and understanding of the content and has achieved a limited level of competence in the processes and skills.
Limited	The student has an elementary knowledge and understanding in few areas of content and has achieved very limited competence in some of the processes and skills.

Children in Grades 1-6 receive an Effort Grade as well as an Achievement Grade

The **effort** your child puts into his/her learning is also something that should be given important consideration, so please ensure you praise and encourage your child's level of effort!

Reports will be sent home on Friday December 11.

Have a lovely weekend!.

Marisa

Religious Education Coordinator

A Time of waiting is always filled with excitement. Now we wait for the second coming of Christ.

This is the beginning of our Advent season.

We all do special things when we are waiting. We have a keen ear and eye. We look for signs that things are changing. We change ourselves, we prepare. We prepare our homes and hearts for the arrival of our Christ. A great way to prepare for the coming of Jesus at Christmas is to count down using an advent wreath. A wealth of valuable discussion can occur if we take the time to slow down and prepare a homemade advent wreath with our families.

<http://www.instructables.com/id/Make-an-Advent-Wreath-for-Your-Family/>
<https://www.youtube.com/watch?v=cunOkJlLe4>

ANGELS, SHEPHERDS, KINGS, FARM ANIMALS PREPARE, GET READY !

Christmas Eve Mass is soon upon us and children, young and old, are invited to attend the Christmas Eve Children's Mass. Details to follow next week.



Dates for your Diary

- Sunday 29 November: Yr 5 and Kindy 2016 Mass – 9.30am Church
- Friday 11 December: Carols Evening - Playground
- Monday 14 December: Yr 6 Celebration Liturgy Evening - Church
- Wednesday 16 December: End of Year Thanksgiving Mass - 11.30 Church
- Thursday 24 December: Children's Christmas Eve Mass PTBC

Yours in Religious Education,
Mrs Kerrie Wetzlar

★ ★ ★ Awards



KC	A Day, S Sam	KR	M Henderson, J Mundenmany
1L	L La Greca, S Sunny	1R	L Martin, R Trew
2B	L Andreone, P Shielsar	2S	S Keogh, E Simpson
3B	K Janik, T Nesbitt	3S	E Camphin, J Kromrych, E La Greca
4C	K Porter, G Polome	4S	S Hiscocks, M Connor
5L	J Williams, A McCloskey	5W	L Cahill, L Van Brandwijk
6	C Porter, J O'Brien, S Johnston, I Siew	PE	O Fiorenza, B Osbon, K Janik

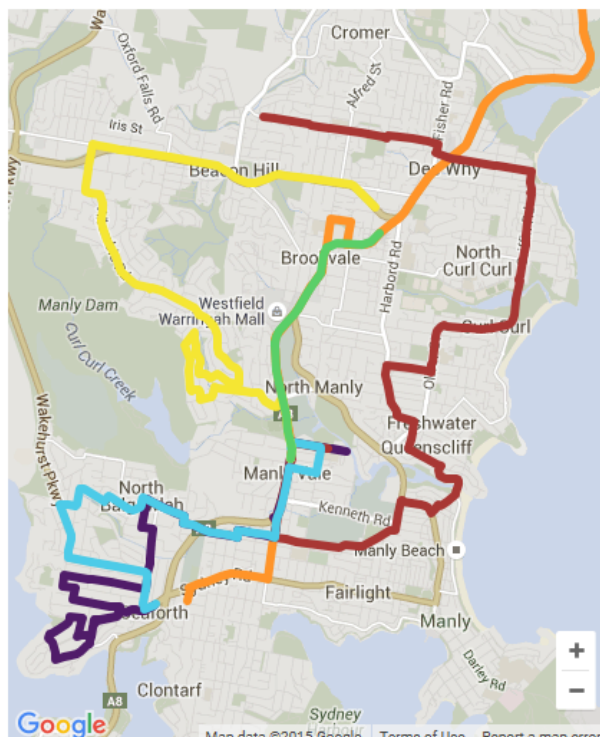
NSW Transport – School Bus Service Changes

As of Term 1 2016 most School Special bus services will be renumbered to eliminate any duplication of route numbers that may have caused confusion to students in the past. Please note these changes do not impact the level of service provided to the school or the route taken by these services. The only change is to the three-digit route number of these services.

Route 741 will become 614
Route 742 will become 775
Route 775 will become 779

Detailed information regarding these changes is available on the Sydney Buses website:
www.sydneybuses.info

To check the exact bus routes go to: <http://www.sydneybuses.info/schools/stkm>



- 740 [Seaforth Shops to Mackellar Girls High](#)
- 741 [St. Kierans Manly Vale to Seaforth Shops](#)
- 742 [St. Kierans Manly Vale to Warringah & Pittwater Rds](#)
- 763 [Mackellar Girls High to Narraweena - McIntosh & Cousins](#)
- 775 [St. Kierans Manly Vale to Pittwater Rd & Federal Pde](#)
- 790 [Balgowlah Boys High to Careel Head Road](#)

NSW Parliament House Visit

Last Monday the Year 6 Civics and Citizenship Team attended a morning at State Parliament House with other local Year 6 leaders. After visiting the Legislative Assembly and Legislative Council, the Year 6 students enjoyed meeting the Premier, Mike Baird, and visiting his office. During morning tea the team had to write a speech about an inspirational leader and then present the speech to the rest of the group.

- *Mia: An unforgettable morning where our leadership skills were put to the test.*
- *Veronica: A valuable experience because we were informed about what happens in the NSW Parliament.*
- *Grace: I had a fabulous time meeting our Premier and learning about Australia's history.*
- *Daniel: I feel privileged to experience meeting Mike Baird, the Premier of NSW. It was an honour, because not many people get to meet him.*
- *Liam: I extremely valued the experience at Parliament House with Mike Baird and how we were able to almost be put in the shoes of a politician for the day. I really enjoyed the morning.*



All Band Members

I would like to congratulate both Bands on the fantastic performance at Warringah Mall yesterday. It was amazing and I had so much fun. I also want to thank ALL the parents and Miss Ryan for helping out and encouraging the Band program.

I am looking forward to next Tuesday's Christmas Concert – ALL BAND member dressing in Christmas get-up. Have fun with it and bring some gold coins along for a mini stall we will have. **All Band members** – please be there by 5.15pm for sitting up etc. Concert starts at 6.30pm. I am looking forward to it.

Miss Hodges

Term Dates 2016

Wednesday 27 January to Friday 08 April

Students Yr 1 – 6 commence Thursday 28 January
Kinder 2016 commence Tuesday 2 February

Tuesday 26 April to Friday 01 July

Monday 18 July to Friday 23 September

Monday 10 October to Tuesday 20 December

Students will finish Friday 16 December 2016

Crunch & Sip Schools

Live Life Well @ School

A joint initiative between NSW Health and the NSW Department of Education and Communities.

Keen Green Beans!!

Many people eat cooked green beans at dinner. But did you know that raw green beans also make a great snack?

Why not try sliced fresh green beans in a small container for your child's fruit & vegetable break?

Keep 'em keen...give 'em beans!!



Health
Northern Sydney
Local Health District

Live Life Well @ School

A joint initiative between NSW Health and the NSW Department of Education and Communities.

Making a healthy lunch

It takes no more time to pack a healthy lunch than an unhealthy one - and lunch boxes are a great time to give your kids fruit and veg!



- Add veggie sticks—like carrot, capsicum and celery—everyday
- Cut fruit and veg into pieces kids are more likely to eat
- Squeeze lemon juice over cut apple to prevent it from going brown
- Pack a wholegrain sandwich & reduced-fat/low-sugar yoghurt
- Choose water over juice
- Add an ice brick in summer

Remember: pack fruit and veg everyday!



Health
Northern Sydney
Local Health District

Sport News

Congratulations

1 Congratulations to **Kai Mc** of Year 5 on his success in school sport this year. In recognition of his performance at a state level, he has been awarded the **Diocese of Broken Bay Primary School Sports Council Outstanding Sports Achievement Award**. This award is presented to students who have achieved the following:

- represented NSW Primary Schools in any sport, or
- represented Polding at NSW PSSA State Championships in at least two sports or
- represented Polding in an individual event at NSW PSSA State Championships and attained a finals result of first, second or third

A fantastic achievement Kai !

2 Congratulations to **Sienna J** of Year 5 for making it through the next round of sports trials. Sienna will be representing Broken Bay Diocese in Girls Cricket next February.

3 Congratulations to the St Kieran's students who competed at the State Athletics relays last weekend? **Rory A** and **Luke S** (Year 6) and **Eve S** (Year 2) were selected to represent the Manly Warringah Little Athletics team at the NSW state relay championships held at Leumeah last weekend. Rory and Luke won the silver medal in the 4x100m under 12 boys relay and Eve won a gold medal in the 4x100m under 9 girls relay! a massive achievement!!

Swimming Carnival Reminders

- Programs for St Kieran's Swimming Carnival are for sale at the office for \$2 each.
- If you don't already have one house coloured swim caps available from the school office \$3 each (compulsory)

Parent Community

st.kierans.pf@gmail.com

Rio Carnival Party Mash Up

CIBO Designs put on an amazing night with dancers from Rhythm Brazil & great sounds from Juilo Molina & his band Revolucion. The dancers certainly caused a stir on Manly Corso with lot's of "extra's" wanting to join us! A HUGE thank you goes out to the sponsors; Sushibar, John Newell Mazda & Cunninghams, the Choi & Conlon families. We had some great raffle prizes courtesy of The Cahill Family, Manly Allambie Soccer Club, Manly Vale Soccer Club, Big W, Target, Four Pines Brewery, Megan Taslamam @ www.holistichealthpractice.com.au & The House of Samara www.houseofsamara.com.au The P&F would like to extend an extra special thank you to the Ricketts & Ingleton families for both organising & funding the event, especially Peter Rickett's who did a fantastic job. Thanks to all the sponsorships & funding we were able to raise a significant amount for the school, despite the less than impressive turn out, so well done to those involved & those who attended for their generosity.

ATTENTION!!! *** St. Kieran's AGM ***

The Annual General P&F Meeting will be held in the iCentre (Library) on **Monday 30 November at 7pm**. We will have the results from the Family Fun Day and a new Executive Committee will also be elected for the next two years. There are still one or two positions available so please come along and support our school!

Uniform Shop

- **Opening hours:** every second Tuesday from 8.30am - 9.30am – next open **Tuesday 8 December**.
- Orders will be filled alternate Tuesdays. . Order forms available at reception or on the website.
- Stock held at office: ties (girls & boys), hats, excursion bags, & scarves. Please have the correct money as only small change is held.
- EFTPOS and credit card facilities are available at the Uniform Shop.
- If you have any uniform queries please email: lizsnell72@gmail.com

School Banking

BE AN 'OUTER SPACE SAVER' WITH SCHOOL BANKING

School Banking is back again on **Friday mornings from 8:20** in the playground.

This year you can earn tokens with every deposit you make. Get 10 tokens and select one of the super rewards. You also earn St Kieran's commission with every deposit you make – that's a WIN WIN !

If you would like to join, go to your nearest Commonwealth Bank branch and open a YOUTHSaver account then come along and start saving.

Canteen

Thank you to all the Volunteers, without you our Canteen could not operate. **If you can help out next year, please fill out the attached Volunteer form in this week's newsletter - thank you in advance.**

NEW - Now available: Fried Rice @ \$4.50 each. Streets Paddle Pops with Yogurt - Tropical Flavour \$1.50.

NEXT WEEK's ROSTER (Term 4 - Week 9):

Wednesday 2 December: C Cole (M), C Starkey (L), K Beaman

Thursday 3 December: Swimming Carnival

Friday 4 December: D Barton, R Tanner, S Schwarz

- Full day Volunteers are required from 9.00am to 1.45pm.
- Morning Volunteers are required from 9.00am to 11.30am (M).
- Lunch Volunteers are required from 11.30am to 1.45pm (L).

<https://www.flexischools.com.au>

Any changes to the canteen roster, please contact: Jo Nesbitt - joanne.nesbitt@dbb.catholic.edu.au or 0410 629 135.

Canteen Closing and Opening Dates 2015 - 2016

The Canteen will close on Friday 11 December and will reopen for 2016 on Wednesday 3 February.

If you have a reoccurring order for Flexischools please be aware of these dates

Parent Prayer: Wellsprings Meditation

.....The Present of Presence

You are warmly invited to join us for **Wellsprings Meditation** on **Friday 4 December**. The meditation will commence at **8.50am** and conclude by **9.05am**. The focus of the meditation is the **Present of Presence**; coming towards the end of the year and into Advent we begin to rush and often have a lot of mixed feelings whirling around us as we prepare for Christmas, so the gift of presence to ourselves and one another is sacred.

We began offering these short meditation sessions last term in addition to the Parent Prayer sessions. The initiative was sparked by positive feedback to the meditations that open each of our Parent Prayer sessions. It is a wonderful opportunity to reach out to those of you who may want a little spiritual snack packed with power. These sessions are short but they aim to help you 'find the ground' for the day before you start 'running'! Meditation itself has wonderful benefits to our overall wellness, but giving ourselves the gift of time and awareness hopefully helps us respond more authentically and creatively as we embark on our day.

Give yourself the gift of presence and light, and cleanse the mind of negative chatter as we enter a season that offers us life and hope.

We look forward to welcoming you...

Please feel free to catch me in the playground, or call or email me if you have any questions.

Katrina Beaman

rowankatrina@hotmail.com TEL: 0403 904 663

Community News

- **Warringah Council Vacation Care Program** is now available on their website. Bookings open Monday 23 November. To access their full program including *Club 567* and *Booking Request Form* please go to www.warringah.nsw.gov.au
- **Becentre - Imaginative Holiday Workshops** Warriewood: for holiday activities and workshops please see BOOK ONLINE <https://becentre.org.au/ee-events/creative-holiday-workshops/>
- **St John's Narrabeena Cook Book:** Our AMAZING cook book Share was released to the public with a great article in the Manly Daily, featuring ex-student and cook book ambassador Hayden Quinn. Cook Books can now be ordered online at www.stjohnscookbook.com or by calling in to the school office.
- **Brightsparks Performing Arts School:** singing, dance and drama classes are taught in a supportive and collaborative environment with the guidance of our wonderful and passionate teachers. For further information phone 8084 5817 or go to www.brightsparkscs.com



**An Invitation to Parents of Children
Starting School in 2016**



You are warmly invited to the
Blessing of Kindergarten 2016.

Children from all schools within the Catholic
Community of North Harbour are invited to a
special blessing during Sunday Mass on

29th November 2015
at
9.30am in St Kieran's Church

*To pray a blessing for our children is to join our
desires for them with God's own desire for them.*

Please join us for a wonderful opportunity to celebrate this
very special family occasion with your
faith family. Following Communion you will be called
upon to receive a blessing.



**Morning Tea will be
served by Year five
parents following Mass.**





St Kieran's Catholic School, Manly Vale

School Canteen Information and Roster – 2016



Dear Parents

The Canteen at St Kieran's is managed by the Parent Community and is run by our volunteers. It is open for lunch and recess on Wednesday, Thursday and Friday.

To keep this service running for our School community, we need a large pool of new volunteers each year to replace our departing families in Year 6. We would like to offer you the chance to get involved and join this wonderful group of volunteers.

Being in the Canteen is a great way to see your child in the school environment. It helps the children see that St Kieran's is a community for all the family.

What's involved:

1. Sign up for a day that suits you – pick from the following shifts:
 - Full day: 8.50am – 1.45pm (feel free to do other drop offs if needed)
 - Morning: 8.50am – 11am (feel free to do other drop offs if needed)
 - Afternoon: 11am – 1.45pm
2. Roster will be sent out to confirm dates and volunteers
3. Turn up on the day – training will be given to all new volunteers
4. Have fun sharing a day at school with your children

The Canteen at St Kieran's uses the online ordering system, FlexiSchools. Our new healthy menu has been prepared with the assistance of Healthy Kids Association NSW. The Canteen is Allergy Aware and caters to those children in our community with special needs.

So please complete the Roster Form below for whatever time you can spare, and be guaranteed you and your child will benefit from this involvement in the St Kieran's community. Thank you in advance.

For any questions regarding the Canteen or the Roster, please email: joanne.nesbitt@dbb.catholic.edu.au.

X=====



St Kieran's Canteen Volunteer Roster for 2016

Please return by Friday 4 December 2015

Name: _____ Contact No: _____

Email address: _____

- I am happy to volunteer:
- Wednesday Thursday Friday
- Full day 8.50am – 1.45pm Morning 8.50am – 11am Afternoon 11am – 1.45pm
- Monthly Termly Weekly

I would like to volunteer but won't know what days or times at present. Please contact me in 2016.

Comments _____

Volunteers' thank you Morning Tea

A morning tea will be held for all volunteers on

Friday 11 December at 10am in the Staffroom

For catering purposes:

if you would like to attend please RSVP
by Tuesday 8 December



R
S
V
P

Name: _____

I will be attending the Thank You
Morning Tea on Friday
11 December
at 10am





Fact sheet: School Opal card

The School Opal card provides free travel to school aged students between home and school on weekdays under the School Student Transport Scheme (SSTS) across the Opal public transport network.



School Opal card can be used:

- On approved travel on school days between the student's home and school, and
- For travel between 06:30 and 19:00 weekdays (21:30 for TAFE school students).

Who is eligible?

To be eligible a student must be a resident of NSW plus:

- Infant student (K-2) older than 4 years and 6 months who lives any distance between home and school; or
- Primary student (Years 3-6) who lives more than 1.6km (straight line) from school, or 2.3km or more by the most direct practical walking route; or
- Secondary student (Year 7-12) who lives more than 2km (straight line) from school, or 2.9km or more by the most direct practical walking route; or
- TAFE student under 18 years of age at 1 January of the year of application and enrolled in a full-time TAFE course for a minimum of 20 hours a week, and is not employed, lives more than 3.2km from the college by the most direct practical walking route, and attends the college closest to their home where enrolment is available.

School Opal Cards enable a student to travel on:

- Mode(s) of transport most applicable for the student's travel requirements; train or bus or both. For bus travel, cards are restricted to individual or a combination of bus operators. For approved ferries; and
- School days only.

For travel outside school hours or days a Child/Youth Opal card is available and provides concession fares and other Opal benefits.

How do parents/students get a School Opal card?

Students with school travel passes this year will be not need to apply for a School Opal card *unless* they are changing schools or their home address or moving from year 2 to 3 or year 6 to 7.

Those students who do not need to apply will have a School Opal card sent to their school for the beginning of the first term in 2016.

For new applications or for students with changing circumstances, the parents, guardians or students over 16 years are required to fill in a form online at www.transportnsw.info/school-students

After filling in the online application they print it off and take it to the school to endorse. Transport for NSW has the data online from the application and waits for the school to then endorse the application and will mail the School Opal card to the applicant's home address.